



## April 2018 Bulletin

# Ramakrishna Vedanta Society of North Carolina

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Dear Friends and Devotees,

The April 2018 bulletin has been published and can be viewed at our [website](#). We are fortunate this month to have a weekend retreat with **Swami Ishatmananda ji** from the **Ramakrishna-Vedanta Society of Chicago**. He would conduct retreat from April 27 to April 28, on "'**Know Me and Be Free**'. Apart from that we would also have our regular everyday Aarti, Sunday school, Saturday Gita Scripture study, Sunday Satsang and Karma yoga. Please join us for these special events as well as our regular programs: Our detail outlines of programs are follows.

## ~: Special Programs :~

Retreat with Swami **Ishatmananda ji** from the Ramakrishna-Vedanta Society of Chicago

Retreat Topic:- '**Know Me and Be Free**'



### **April 27, 2018 Friday**

Topic of retreat: - **Who Am I?**

April 27, 2018 Friday 6:30 PM to 7:00 PM – Aarti

April 27, 2018 Friday 7:00 PM to 8:00 PM – Talk followed by QA

### **April 28, 2018 Saturday**

Topic of retreat: - **Be God-Hungry**

April 28, 2018 Saturday 11:00 AM to 12:30 PM talk followed by QA.

Lunch at 12:30 PM

Topic of retreat: - **Be Blessed**

April 28, 2018 Saturday 1:30 PM to 2:30 PM talk followed by QA.



### **Sunday Satsang 11 AM**

- 4/08 Open dialogue among the attendees
- Topic: "My Spiritual Journey."
- Light lunch at 12:30 pm.
  
- 4/22 Open dialogue among the attendees.
- Topic: "TBD"
- Light lunch at 12:30 pm.

### **Sunday School: Pupils of Practical Vedanta**

- 4/1 Knowledge and Music Class at 10 am
- 4/15 Knowledge and Music Class at 10 am
- 4/29 Knowledge and Music Class at 10 am

### **Scripture Study**

- 4/7 Bhagavad Gita Study at 2 pm
- 4/14 Bhagavad Gita Study at 2 pm
- 4/21 Bhagavad Gita Study at 2 pm

### **Karma Yoga**

- We invite you to join us Saturday mornings from 9:30 am – 11:30 am in performing various weekly chores of the center: maintenance, cleaning, office work, etc.

### **Evening Aarti**

- Evening Aarti begins at 7 PM every night.

### **Interviews**

- Those who would like to come to the Center for a private meeting with one of the visiting swamis may schedule an appointment either by phone or in person.

## Social Service

The Vedanta Center participates in a bimonthly volunteer program at Urban Ministries of Durham. In addition, we are also serving the South Wilmington Street Center on a monthly basis. The following are the details for our April service.

- On April 21, starting at 10 AM, we are making sandwiches for a homeless shelter. We will be making 80 sandwiches. The ingredients needed are:
  - Bread (8 loaves),
  - Peanut butter (large container, no nuts),
  - Grape jelly (squeezable),
  - 5 boxes for carrying the food,
  - 80 apples/oranges,
  - Oatmeal cookies (80),
  - Aluminum foil sheets for wrapping the sandwiches,
  - Juice boxes,
  - Napkins,
  - Brown lunch bags.

All who are interested are cordially invited. Anything you would like to bring, please inform us @ [vedantanc@gmail.com](mailto:vedantanc@gmail.com) know. That way we can coordinate.

